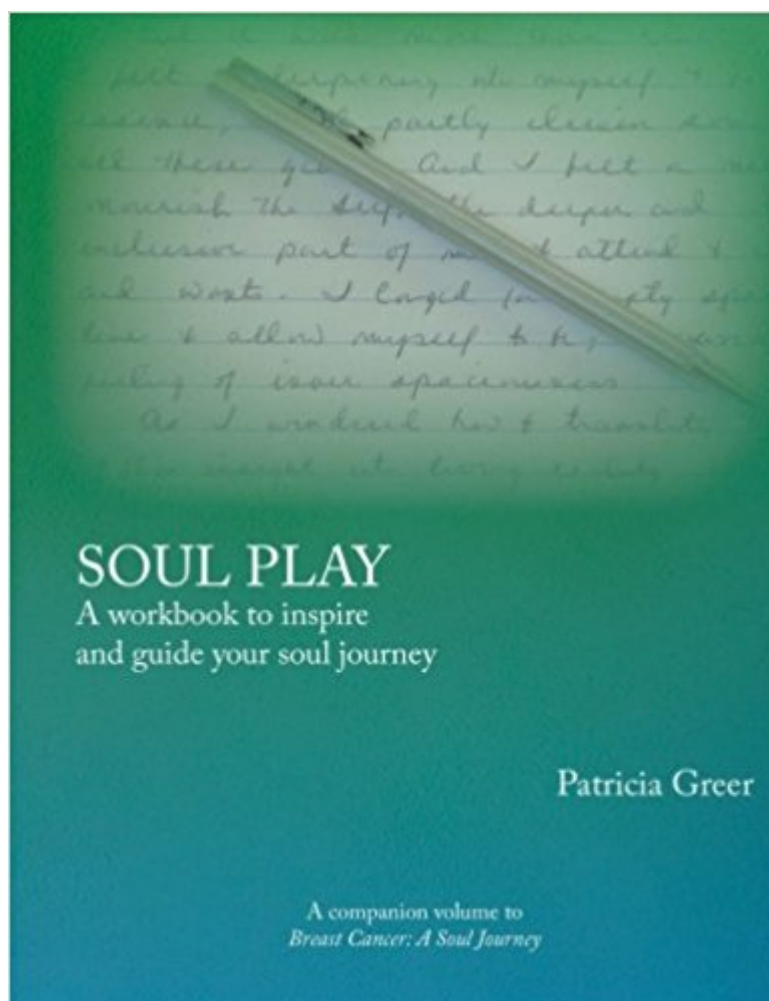


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Soul Play: A Workbook To Inspire And Guide Your Soul Journey



Synopsis

Women who read Patricia Greer's first book, "Breast Cancer: A Soul Journey," asked for a workbook for their own journeys of personal exploration. She offers this companion volume as a guide for those who want to discover inner wisdom. Accessible and conversational, this book contains suggestions, questions, and examples which will be helpful for anyone who wants to look within themselves to find insights and direction for their lives. As with her first book, all of the author's proceeds are donated to a cancer center.

RESPONSES TO "SOUL PLAY":

- "Soul Play serves as validation for the power of self-reflection through journaling and contemplation and provides a gentle pathway to fully explore your soul. For anyone who has struggled with finding a deeper understanding of self and journey, consider this workbook as the gentle hands guiding you every step of the way." - Nancy Vance, Director, LivingWell Cancer Resource Center
- "Patricia Greer gently guides breast cancer survivors through the intricate layers of this life changing experience. She provides a "soul map" that can lead to a deeper understanding of the impact cancer has on who they are, honoring and acknowledging their growth and the resiliency of human spirit." -Valerie Piazza, Senior Oncology Support Counselor, Wellness House
- "A compassionate, gentle, and creative guide that allows you to hold space for yourself and your soul as you explore the deeper meaning of your illness." -Lisa Ellerbeck, breast cancer survivor

Book Information

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Customer Reviews

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every step of the way."-Nancy Vance, Director, LivingWell Cancer Resource Center"Patricia Greer gently guides breast cancer survivors through the intricate layers of this life changing experience. She provides a 'soul map' that can lead to a deeper understanding of the impact cancer has on who they are, honoring and acknowledging their growth and the resiliency of human spirit."-Valerie Piazza, Senior Oncology Support Counselor, Wellness House"A compassionate, gentle, and creative guide that allows you to hold space for yourself and your soul as you explore the deeper meaning of your illness."-Lisa Ellerbeck, breast cancer survivor"Writing is therapeutic. Journaling is healing. And that's where Patricia's workbook leads you. Complete healing as only the true understanding of a situation can bring. Soul Play has become the foundation for my journal as Patricia gently leads me down the path to complete soul healing. It is the perfect companion to Breast Cancer: A Soul Journey."-Lorraine Castle, breast cancer survivor"Soul Play invites me into an inner conversation with my deepest and most compassionate part, my soul, my true self. More than a book, it is an invitation to create a sacred space, and time, to be one with myself."-Laury Hartman, cancer survivor

Patricia Greer, MA, PhD, is a 29 year survivor of breast cancer. She has written about finding inner meaning and personal growth in her experience of the illness. A psychotherapist and Jungian analyst, she is especially interested in helping women to access and honor their authentic selves, both in her therapeutic work and in her writing. --This text refers to an out of print or unavailable edition of this title.

Pat Greer provides a process to unfold feelings, create growth and forge new paths along the journey of breast cancer or moving forward from it. We do not have the questions and she diligently asks them and allows for expansive thought along the way. Your answer is your own. The format is simple, friendly and most of all, supportive. She helps you look at the interior of your soul and when you are complete with the workbook, you have excavated a whole new way of seeing, while cleansing that which you no longer need. A book for all women who are healing, questioning and wanting to surge forward. For those who value clarity and respect life experiences, this is your resource.

Patricia Greer, having experienced her own breast cancer years ago, has written this wonderful workbook to support women who are going through their own life changing illness. As a 30+ year survivor of cancer I know the personal growth that can come from this experience. I love this book!

Patricia takes us by the hand and leads us through this time of deep personal exploration giving us the tools we need for our own soul healing.

This workbook is a meaningful and important extension for Patricia Greer's book. There is value and insight on every page.

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